



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services

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KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB) MEETING January 8, 2015

KCASAAB Members Present: Elizabeth Andrews, Lauren Davis, Pat Godfrey, Therese Grant, Brian Knight, Mary Ann LaFazia

KCASAAB Members Absent: Joan Clement, Roger Goodman (excused)

Guests Present: Camille Cioffi, Robin Covington (1811 Eastlake Project)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Brad Finegood, Dan Floyd, Andrea LaFazia-Geraghty, Mary Paterson

The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 117-120.

I. Welcome and Introductions

Brad introduced Kelli Carroll who has recently joined the MHCADSD as Strategic Advisor. She has eight years experience as legislative staff with the King County Council, where she was lead political advisor on mental health and substance abuse, therapeutic courts, human trafficking, and reentry and diversion from hospitals and jails. She will assist with Mental Illness and Drug Dependency (MIDD) renewal work and strategic oversight for MHCADSD and continue to be involved with efforts to end human trafficking in King County.

Kimberly Mustafa recently resigned from the KCASAAB, and Roger Goodman is on a leave of absence during the legislative session in Olympia.

II. Approval of Minutes ~

The minutes for December 2014 were approved by all voting members present.

III. NEW BUSINESS

No report.

IV. LIAISON REPORTS

A. Andrea LaFazia-Geraghty ~ Prevention section:

- The state Division of Behavioral Health and Recovery (DBHR) will do a site visit to MHCADSD later this month.
- Jackie Berganio, Prevention Coordinator for MCHADSD, is currently at a week-long training for coalition members that DBHR has also recommended for Laura Quinn, Community Organizer for MCHADSD. There are three one-week sessions for coalition-in-community members to learn implementation skills, including consensus models, working with key leaders, etc.
- Best Starts for Kids is a new levy-initiative from the Executive's office. Adrienne Quinn, Director of the Department of Community and Human Services (DCHS) has been assigned to lead this effort and will make recommendations for DCHS. We will work with her on this plan as it is developed.

B. Brad Finegood ~ Legislative report

- Chris Verschuyl is legislative liaison for MHCADSD, Terry Mark is legislative liaison for DCHS.
- Governor Inslee has proposed two budgets: Book I is based on no new revenue and Book II is based on some proposed taxes that are aspirational. Proposed funding cuts are to:
 1. Chemical Dependency Involuntary Treatment (CDITA) programs (which would affect Pioneer Center North and East and other long-term treatment facilities). This program, which is preserved in budget Book I, most likely dovetails with integrated crisis management. In King County, 100 people use this program every year; elimination would present a huge problem. Lauren added that Representatives Cody and Jenkins will sponsor a bill integrating MH and CD statutes regarding involuntary treatment/lifesaving measures. The CDITA is not currently truly involuntary. In the immediate and short term, we need secure detox beds, and in the near and long-term we need to build capacity for involuntary treatment so that we are ready at integration time. Lauren has people ready to testify by telling their stories in favor of truly involuntary treatment programs. Brad relayed a story from one of the designated mental health professionals (DMHPs) about a chronic alcoholic who would not go to SUD treatment voluntarily, so they put him on a 72-hour hold in a psych ward, at the end of which time he will be let go. The court costs for these ITA holds is unknown; the language for prosecutors' obligation is that they "may prosecute" for SUD and "shall prosecute" for MH. The new Evaluation and Treatment (E&T) facility in South King County, run by Valley Cities Counseling and Consultation, could have some secure detox beds. And Representative Cody has said MH spending will be included in the budget, with secure detox included in that; this would help alleviate some

2. Offender Reentry CSP (ORCSP), a program for people with serious mental illness leaving prison and judged to be a safety concern, and PALS, a long-term residential program for people leaving Western State Hospital. Other jail transition programs may also be cut.
3. Fetal Alcohol Evaluation Training, a UW program, is not preserved in Budget Proposal 2. UW is looking at the possibility of billing Medicaid for Parent Trust cut in Book II along with hardship funds for families to visit people in prison.

The Parent-Child Assistance Program (PCAP) is back in at 100% funding because people spoke up. The legislature needs to hear from the public on these other programs as well. There is also a need for Medicaid rates for CD services to be raised prior to April 2016 integration. Provider agencies like Ryther are just not holding up (Ryther will be closing its residential treatment program or go out of business altogether for lack of funding).

C. Pat Godfrey ~ Letters to Governor Inslee's office and to Senators Murray and Cantwell

- One letter was sent to Governor Inslee in early December
- Another one regarding a Liquor Control Board appointment that should be made of someone with substance abuse knowledge (addiction, treatment, and recovery). If we have any specific names to recommend, we should submit those recommendations. We could confer with the Alcohol and Drug Abuse Institute. The governor would know Norm Johnson of Therapeutic Health Services (THS), for example.
- Joan Clement is drafting a letter addressed to Senators Murray and Cantwell regarding the current 16 bed limit for residential facilities receiving Medicaid reimbursements. The waiver that has been granted on the mental health treatment side has not been applied to substance abuse treatment. Senator Durbin has proposed a jointly signed letter from US Senators to the Centers for Medicaid and Medicare Services (CMS). Residential treatment providers nationally are raising this issue, as is NAMI (National Alliance on Mental Illness). We can ask Attorney General (AG) Ferguson to reach out to other state attorney generals to also raise this issue. Pat will speak with Joan about this. Joan is also setting up a meeting with Rep Jim McDermott to work with Rep Reichert on this. Mary LaFazia offered to help Joan with the letter writing on this issue.

D. Tobacco legislation

- The Governor is proposing a very comprehensive legislation (lots of definitions, for example), which would include a cigarette tax of \$.50/pack, keeping the legal age at 18 years, and adding a statement about protecting youth. \$18million of the revenue would be devoted to VAPES (e-cigarettes, etc., except "hookah").
- AG Ferguson's bill, on the other hand, would raise the legal age to 21. The science is fairly solid that raising the age to 21 will reduce teen use by as much as one-half in seven years. In 50 years, lots of lives and billions of dollars will have been saved. Pat is himself a survivor of lung cancer. Mortality and

morbidity (illnesses that take 7-10 years to deal with and lots of money) are the real costs of tobacco use: 480,000 people die every year from tobacco use and monetary costs are also high.

- The tobacco industry will push back in coalition with the candy and soft drink industries. Border town businesses are already voicing opposition to the attorney general's bill. A coalition will be counter-lobbying the tobacco coalition, including TAP in Tacoma and 40 school districts. The Department of Health (DOH) cannot lobby directly.
- The KCASAAB should fan this fire by communicating with agencies and our legislators, attending hearings with teenagers and doctors, and forwarding any information we gather to other stakeholders. Terry Mark (legislative liaison for DCHS) will be informed of hearing dates and can let the Board know. Pat Godfrey will hear from the AG's office or the network. The first step is getting sponsors for the AG Ferguson's bill; AG staff and Pat have talked to four potential co-sponsors in the legislature. The main concern is the Senate.

E. Marijuana Legislation

- Elizabeth reported on a movement to raise the legal medical marijuana age to 21. In the current RCW, no age is given. There will be an effort for medical marijuana regulation to be absorbed into the existing recreational marijuana RCW so that medical marijuana can be taxed, and if that happens the medical marijuana age will become 21. Enforcement is left up to local law enforcement (Seattle Police Department and other police departments in the county), and they don't have the money for that.
- Quantity of marijuana in edibles is also not regulated. Only one lab in Washington tests for dosage in edible.
- The KCASAAB can take these issues up in the future: use of marijuana revenue, legal age issues, cannabis-induced psychosis in 15-16 year olds, attitudes toward marijuana and misconceptions. Elizabeth will speak with Steve Bogan about this. Pat has talked with the Federal Way Chief of Police.

F. Recovery High Schools(Interagency, on Queen Anne, and Kent Phoenix Academy)

- A community meeting was held on Queen Anne so that fears and concerns could be voiced and understood, information shared, and the size of the opposition to the location be gaged. Lots of people were there in support of the school. A minority of attendees voiced their opposition to the location based on fears and concerns of violence, gang activity, drug dealing, and other crimes. The majority in attendance, on the other hand, understood that the students are kids in recovery, not substance users or dealers. Elizabeth's son, who attends the recovery school Eastside Academy, testified at the meeting, telling his story of how recovery school has changed his life, so that he is now applying to universities, being accepted, and discovering his leadership abilities. He was the only youth who spoke, and his testimony was very powerful. The result of the meeting was that the Interagency Recovery School will go ahead as planned with move-in date now scheduled for February.

- The Kent Phoenix Academy is active with 5 enrolled students currently and a goal of 12 by the end of the year (this will make them eligible for a full-time dedicated teacher).
- Outreach for the recovery schools: School districts are mailing information to families. Kids from outside the district are eligible, but transportation is an issue. Youth treatment agencies are also receiving information. A webinar is being organized for state treatment agencies. Therese Grant will do outreach at the state PCAP meeting later this month. Brad Finegood will send her the pdf version of the flyer for Kent Phoenix Academy, which includes contact information. Brad will also ask SPS what their outreach efforts will be. Data from the Healthy Youth Survey data form this fall could also aid outreach efforts.

V. AGENCY AND OTHER CONCERNS

- Therese Grant needs to renew her membership in the KCASAAB; Bryan will let her know how to proceed. All present approved a motion to renew her membership.
- Ethics forms were sent to members' board email addresses; please check to make sure your board email addresses are correct.
- Possible board retreat dates May 21 and June 18, 4-7pm in the Chinook were not good. Bryan will send alternative dates, and Mary Ann LaFazia volunteered to host the retreat at her house if it does not need to be a public retreat (Andrea will check on requirements in this regard).
- Letters written by members of the Board are now getting signed and sent more efficiently thanks to Terry Mark's efforts with the Executive's office. A KCASAAB quorum is not necessary.
- Pat recommended the Board not get very involved in the Portman and Whitehouse Comprehensive Addiction and Recovery Act campaign for the time being, given our advocacy work for CMS changes with Senators Cantwell and Murray (see handout).
- Lauren will cover the legislative meeting today and the new, weekly MIDD fund balance work group meetings to review and make recommendations for approximately \$4.5million of available MIDD fund balance money.

VI. ADJOURNMENT

Adjourn 1 p.m.

Prepared by:
Mary Paterson
Recording Secretary

Attested by:
Pat Godfrey
Board Chair